

Contra Costa College: Associate in Science or Associate in Arts Degree: General Education Requirements: 2025-2026

Name/SID #: _____

Major: _____

Transfer University: _____

Counselor/Appointment Date: _____

ATTENTION STUDENTS: The general education (GE) patterns differ between **CCC**, **DVC**, and **LMC**. If you plan to attend multiple colleges, it is strongly recommended to meet with a Counselor and check the individual college catalog for course information.

A minimum of 60 degree applicable units and overall GPA of 2.0, including all required major courses with a 'C' grade or higher and all general education requirements listed on this worksheet are necessary to earn an associate degree. **NOTE:** This worksheet is only for the Local Associate Degree, and **NOT** for the Transfer Degrees: AA-T or AS-T. Some of the courses listed on this GE sheet does not meet the CalGETC area requirements. Meet with a counselor if interested in transferring to a university.

Course(s) may be listed in more than one area but will not fulfill more than one area requirements.

General Education courses partially fulfill the requirement for an Associate degree from Contra Costa College. Please consult with a Counselor to develop a comprehensive educational plan that includes a course of study (major) and elective courses which are needed to complete the degree.

* C = Completed, IP=In Progress, N = Need

Area A: English Composition, Oral Communication, and Critical Thinking			
Select ONE course from Area A1 <u>and</u> A2.			
2 courses; Minimum of 6 semester or 8 quarter units required.			
Area A1: English Composition (Complete at least one course, 3 units, with a 'C' grade or higher): ENGL C1000, C1000E, 2B	C	IP	N
Area A2: Oral Communication and Critical Thinking (Complete at least one course, 3 units): ENGL C1001, 2B; COMM C1000; ESL 132; PHILO 129, 130; SOCIO 250; SPCH 121, 121-I, 122, 128, 141, 160B			
Other Regionally Accredited College Course: _____ AP (No CLEP or IB score accepted for this area) _____			
Area B: Natural Sciences Minimum of 3 semester or 4 quarter units required			
ANTHR 140; ASTRO 120; BIOSC 110, 119, 132, 134, 145, 147, (157 + 159), 172; CHEM 119, 120, 121, 226, 227; GEOG 120; GEOL 120; MEDIC 200; PHYS 110, 110D, 120, 120H, 121, 121H, 130, 230, 231; PSYCH 150	C	IP	N
Other Regionally Accredited College Course: _____ AP/CLEP/IB _____			
Area C: Arts & Humanities Minimum of 3 semester or 4 quarter units required			
AFRAM 112, 113, 120, 122, 123, 210; ANTHR 150; ART 101—274, 284; CHIN 120, 121; COMM C1000; DRAMA 101, 102, 103, 106, 107, 108, 109, 110, 119, 122, 123, 125, 126, 165, 221A; ENGL 2B, 163, 200A, 210B, 220B, 225, 230B, 250, 274, 293H; ESL 195; ETHN 160; HIST 110, 120, 121, 122, 123, 124, 127, 140, 141; HUMAN 113, 120, 130, 180; JAPAN 120, 121; LARAZ 127, 130, 165, 190; MEDIA 130, 152, 153, 161, 162, 165, 166, 170; MUSIC 102—177, 190A, 190B, 191A, 191B, 222—259, 270A, 270B, 272, 275; PHILO 101, 120, 129, 130, 140, 150, 160, 180, 200; SPAN 110, 111, 112, 120, 121, 220, 221, 230, 231; SPCH 121, 121-I, 122	C	IP	N
Other Regionally Accredited College Course: _____ AP/CLEP/IB _____			
Area D: Social and Behavioral Sciences Minimum of 3 semester or 4 quarter units required			
ADJUS 120, 121, 135, 223; AFRAM 110, 120, 122, 123, 140, 210, 225, 226, 228; ANTHR 125, 130, 140, 150; BUS 109; ECHD 120, 121, 144, 220; ECON 220, 221; GEOG 120, 130, 150, 160; HED 106, 108, 110, 113; HIST 110, 120, 121, 122, 123, 124, 127, 140, 141; JRNAL 130; LARAZ 110, 113, 125, 127, 131, 141; MEDIC 211; PHILO 200; POLS C1000; POLSC 130, 140, 225; PSYC C1000; PSYCH 118, 120, 122, 126, 128, 130, 132, 140, 150, 170, 205B, 222, 237; SOCSC 140, 141; SOCIO 130, 142, 220, 221, 222, 225, 234, 236, 245, 250; SPCH 122	C	IP	N
Other Regionally Accredited College Course: _____ AP/CLEP/IB _____			

Area E: Mathematical Concepts and Quantitative Reasoning Minimum of 3 semester or 4 quarter units required			
BUS 240; MATH 120, 121, 135, 171, 180, 185, 190, 191, 200, 290, 292; SOCIO 234; STAT C1000	C	IP	N
Other Regionally Accredited College Course: _____ AP/CLEP/IB _____			
Area F: Ethnic Studies Minimum of 3 semester or 4 quarter units required			
LARAZ 110, 130, 190	C	IP	N
Other Regionally Accredited College Course: _____ (NO AP or CLEP or IB score accepted for this area)			
Area 7: Major A minimum of 18 units with a 'C' or better is required for courses in the major			
Major Course _____	C	IP	N
Major Course _____			
Major Course _____			
Major Course _____			
Major Course _____			
Major Course _____			
Other Regionally Accredited College Course: _____ AP/CLEP/IB _____			

Graduation Checklist
<ol style="list-style-type: none"> 1. Completed OR in last semester of completing 60 Degree Applicable Units 2. Completed minimum of 12 Degree Applicable Units at Contra Costa College 3. Completed all requirements in Major with a 'C' grade or higher. 4. Have Official Transcripts from other institutions attended on file with Admissions and Records Office. 5. Have AP/CLEP/IB documents on file with Admissions and Records Office. 6. Recently met with a Counselor to review completion of degree requirements. 7. Petition for Associate Degree(s) by going to m.4cd.edu by the following deadlines: <ul style="list-style-type: none"> • March 1: Graduating Spring (May) • July 1: Graduating Summer (July) • October 15: Graduating Fall (December) <p>Graduating with Honors:</p> <ul style="list-style-type: none"> • Honors Graduate: Earning a cumulative GPA between 3.25 and 3.74 in all Degree Applicable Units. • President's Scholar: Earning a cumulative GPA of 3.75 or higher in all Degree Applicable Units. • For pending petitions for degree or certificate, honors is determined by using the cumulative GPA from the previous term of enrollment and may change based on the cumulative GPA upon completion of all coursework and posting of the degree. Also, cumulative GPA <i>may</i> include coursework from other institutions. <p>Catalog Rights:</p> <p>If continuous enrollment is maintained by enrolling in at least ONE course at CCC, DVC, or LMC in Academic Year (Fall, Spring, Summer), students are guaranteed rights to the catalog requirements in effect during their initial term of enrollment. Should catalog requirements change while continuous enrollment is maintained, students may utilize any subsequent catalog in effect to graduate.</p>