

# Contra Costa College: CalGETC – California General Education Transfer Curriculum 2025-2026

NAME \_\_\_\_\_ Student ID# \_\_\_\_\_  
(Last) (First) (Middle)

Transfer University \_\_\_\_\_ Counselor/Appointment Date \_\_\_\_\_

Disclaimer: Cal-GETC choices for transfer may differ between CCC, DVC, and LMC. Some Cal-GETC courses may not meet the UC Transfer Admission Eligibility requirements. Every effort has been made to ensure the information below is accurate and timely. However, this information is unofficial and should be checked against the official information found on the ASSIST website @ [www.assist.org](http://www.assist.org). Students MUST earn a "C" or better grade in each course to satisfy requirements for each area. AP = Advanced Placement; IB = International Baccalaureate. To request certification of GE completion, students must complete a "Cal-GETC Certification" form and file it with the Admissions and Records Office.

## AREA 1 – ENGLISH COMMUNICATION

(three courses — 9 semester or 12 quarter units)

### 1A ENGLISH COMPOSITION (one course — 3 semester or 4 quarter units)

ENGL C1000, C1000E

Course \_\_\_\_\_ College \_\_\_\_\_ AP (No IB score accepted for this area) ☐ Units Comp. \_\_\_\_\_

### 1B CRITICAL THINKING AND COMPOSITION (one course – 3 semester or 4 quarter units)

ENGL C1001, 002B; SPCH 121I; PHILO 130

Course \_\_\_\_\_ College \_\_\_\_\_ (No AP or IB score accepted for this area) Units Comp. \_\_\_\_\_

### 1C ORAL COMMUNICATION (one course – 3 semester or 4 quarter units)

COMM C1000

Course \_\_\_\_\_ College \_\_\_\_\_ (No AP or IB score accepted for this area) Units Comp. \_\_\_\_\_

## AREA 2A – MATHEMATICAL CONCEPTS AND QUANTITATIVE REASONING

(one course — 3 semester or 4 quarter units)

BUS 240; MATH 135, 171, 180, 185, 190, 191, 200, 290, 292; SOCIO 234; STAT C1000

Course \_\_\_\_\_ College \_\_\_\_\_ AP ☐ IB ☐ Units Comp. \_\_\_\_\_

## AREA 3 – ARTS AND HUMANITIES

(two courses — 6 semester or 8 quarter units)

### 3A ARTS (one course — 3 semester or 4 quarter units)

AFRAM 112; ART 108, 113, 114, 115, 117, 118, 190, 191, 194; DRAMA 101, 102, 103, 110, 126, 165; ENGL 163; LARAZ 165; MUSIC 102, 108, 114, 119, 120, 121

Course \_\_\_\_\_ College \_\_\_\_\_ AP ☐ IB ☐ Units Comp. \_\_\_\_\_

### 3B HUMANITIES (one course – 3 semester or 4 quarter units)

AFRAM 113, 122, 123, 210; ANTHR 150; CHIN 121; DRAMA 102, 103; ENGL 2B, 210B, 220B, 230B, 250, 274; HIST 110, 120, 121, 122, 123, 124, 127, 140, 141; HUMAN 113, 120, 130, 180; JAPAN 121; LARAZ 127, 130, 190; MUSIC 102; PHILO 101, 120, 140, 150, 160, 180, 200; SPAN 121, 220, 221, 230, 231; SPCH 122

Course \_\_\_\_\_ College \_\_\_\_\_ AP ☐ IB ☐ Units Comp. \_\_\_\_\_

## AREA 4 – SOCIAL AND BEHAVIORAL SCIENCES

(two courses from two academic disciplines — 6 semester or 8 quarter units)

ADJUS 120, 135; AFRAM 110, 122, 123, 140, 210, 225, 228; ANTHR 125, 130, 140, 150; ECHD 121; ECON 220, 221; GEOG 130, 150, 160; HED 110; HIST 110, 120, 121, 122, 123, 124, 127, 140, 141; HUMAN 180; JRNAL 130; LARAZ 110, 113, 125, 127, 131, 141; MEDIC 211; PHILO 200; POLS C1000; POLSC 130, 140, 225; PSYC C1000; PSYCH 120, 122, 126, 128, 130, 132, 140, 150, 170, 222; SOCIO 130, 142, 220, 221, 222, 225, 245, 250; SOCSC 140, 141; SPCH 122

Course \_\_\_\_\_ College \_\_\_\_\_ AP ☐ IB ☐ Units Comp. \_\_\_\_\_

Course \_\_\_\_\_ College \_\_\_\_\_ AP ☐ IB ☐ Units Comp. \_\_\_\_\_

**AREA 5 – PHYSICAL AND BIOLOGICAL SCIENCES**

(two courses, one Physical Science and one Biological Science; at least one of the two courses must be associated with a laboratory — 7 semester or 9 quarter units)

**5A PHYSICAL SCIENCE (one course — 3 semester or 4 quarter units)**

**ASTRO** 120; **CHEM** 119, 120, 121, 226, 227; **GEOG** 120; **GEOL** 120; **PHYS** 110, 120, 120H, 121, 121H, 130, 230, 231

Course \_\_\_\_\_ College \_\_\_\_\_ AP ☐ IB ☐ Units Comp. \_\_\_\_\_

**5B BIOLOGICAL SCIENCE (one course – 3 semester or 4 quarter units)**

**ANTHR** 140; **BIOSC** 110, 119, 132, 134, 145, 147, 172; **PSYCH** 150

Course \_\_\_\_\_ College \_\_\_\_\_ AP ☐ IB ☐ Units Comp. \_\_\_\_\_

**5C LABORATORY (1 semester or 1 quarter unit):** This requirement is met by completing a lab course or a combined lecture/lab in 5A or 5B. Lab courses are underlined. Lab must correspond to related lecture course. +GEOG 120 corresponds to GEOG 120L

**ANTHR** 140L (with **ANTHR** 140); **BIOSC** 172L (with **BIOSC** 172); **GEOG** 120L (with **GEOG** 120); **GEOL** 120L (with **GEOL** 120); **PHYS** 110L (with **PHYS** 110)

Course \_\_\_\_\_ College \_\_\_\_\_ AP (No IB score accepted for this area) ☐ Units Comp. \_\_\_\_\_

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**AREA 6 – ETHNIC STUDIES**

(one course — 3 semester or 4 quarter units)

**LARAZ** 110, 130, 190

Course \_\_\_\_\_ College \_\_\_\_\_ (No AP or IB score accepted for this area) Units Comp. \_\_\_\_\_

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**(Optional) UC GRADUATION REQUIREMENT: LANGUAGE OTHER THAN ENGLISH** (Not part of Cal-GETC; may be completed prior to transfer) (Proficiency equivalent to two years of high school study in the same language with a minimum grade of “C” or better)

**CHINESE** 120, 121; **JAPANESE** 120, 121; **SPANISH** 120, 121, 220, 221, 230, 231

1. Course \_\_\_\_\_ College \_\_\_\_\_ AP ☐ IB ☐ Units Comp. \_\_\_\_\_

2. Completed in High School \_\_\_\_\_

3. Other \_\_\_\_\_

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**(OPTIONAL) CSU GRADUATION REQUIREMENT IN U.S. HISTORY, CONSTITUTION & AMERICAN IDEALS**

(Not part of Cal-GETC; may be completed prior to transfer) (6 semester or 8 quarter units)

**GROUP 1: Choose ONE course from Historical Development**

**HIST** 120, 121, 122 (**AFRAM** 122), **HIST** 123 (**AFRAM** 123), **HIST** 127 (**LARAZ** 127)

NOTE: The above courses may also be counted for GE Area 3B OR Area 4

Course \_\_\_\_\_ College \_\_\_\_\_ AP ☐ IB ☐ Units Comp. \_\_\_\_\_

**Group 2: Choose ONE course from US Constitution/Government**

**LARAZ** 113; **POLS** C1000

NOTE: The above courses may also be counted for GE Area 4

Course \_\_\_\_\_ College \_\_\_\_\_ AP ☐ IB ☐ Units Comp. \_\_\_\_\_