



## Contra Costa College Culinary Scholarship Program 2019



# 2019 Study Abroad Scholarship Application

Questions about the application process may be directed to Greg Goodman  
510-484-9667 or [heyyougreg@aol.com](mailto:heyyougreg@aol.com).

*Contra Costa Community College District is committed to equal opportunity in educational programs, employment, and campus life. The District does not discriminate on the basis of age, ancestry, color, disability, gender, marital status, national origin, parental status, race, religion, sexual orientation, or veteran status in any access to and treatment in College program, activities, and application for employment.*



## Contra Costa College Culinary Scholarship Program 2019

### Table of Contents

- Application Information ..... 3
  - Application Deadline .....3
  - To qualify applicant must: .....3
  - When will I be notified .....3
  - Required Documentation .....4
  - How Scholarship Applications are Judged and Selected .....4
  - Application.....5
  - Application Checklist Packet.....5
  - Work Verification Form .....6
  - Essay Guide Lines .....7
    - How to write an essay .....7
    - Essay Writing Rubric.....7
  - Confidential Assessment Form For Current or Past Supervisor .....8
  - Confidential Assessment Form For Current Chef Instructor .....9
  - Confidential Assessment Form For Past Chef Instructor .....10
  - Food and Wine Points .....11
  - Personal Food and Wine Points Log (example) .....12
  - Personal Food and Wine Points Log .....13
  - Passport Example.....14
- CCC Required Forms..... 14
  - Consent And Release .....15
  - Medical Consent .....16
  - Student Agreement for 2018 Italy Trip .....17



## Contra Costa College Culinary Scholarship Program 2019

### Application Information

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#### Application Deadline

Contra Costa College Culinary Arts program is accepting applications for the 2019 Study Abroad Program. The deadline for submitting applications is 4:00 PM, Monday- February 25, 2019.

#### To qualify applicant must:

- Apply for a destination not been previously selected for
- Be able to travel during the month of May/June of 2019
- Have a valid passport by 4:00 PM February 25, 2019
- Be 18 years or older on the day of departure
- Be a citizen or permanent resident of the United States of America OR be a resident of American Samoa, Guam, Puerto Rico, or the U.S. Virgin Islands
- Enrolled in or completed Culin 120 and Culin 105 or Culin 127 classes with a C or better
- Be an active participant in the 2019 Food and Wine event
- Have a cumulative GPA of 2.0 or higher
- Have no record of any previous disciplinary actions (pink slips, class removals, suspensions, etc.)
- Be currently enrolled in one of the following classes; Culin 120, 127, 130, 131, 230, 231, 241A, 241B
- Provide proof of applying for another scholarship that is meaningful to your educational goals between the period of August 2018- February 2019
- Earn a minimum of 10 points, by participating in the Contra Costa College Culinary Arts 2019 Food and Wine Event (see page 11)
- Meet one of the following
  - Be enrolled in a minimum of 12 culinary units at Contra Costa College.
  - Be enrolled in a minimum of 9 culinary units at Contra Costa and working at least 20 hours a week
- Complete and sign the Consent and Release form, Medical Release form and Student Agreement of Conduct
- Enroll and successfully complete Culin-275 in Summer of 2019 by writing a three-page essay, with double space lines, 1-inch margins, and 12-point font. Each essay will include the following topics, “What I learned while traveling abroad and how I will apply this knowledge to my profession and life.”

#### When will I be notified?

Recipients will be publicly announced during the Food and Wine event.



## Contra Costa College Culinary Scholarship Program 2019

### Required Documentation

To be considered for a scholarship, your application packet must include the following:

- Completed application (page 5)
- 500-750 word typed essay responding to the question below  
**“What qualities, talents, and character strengths do you have that sets you apart from other qualified Study Abroad Scholarship applicants?”** *SEE ESSAY GUIDELINES (page 7)*
- A transcript from Contra Costa College (unofficial is OK)
- Work verification form
  - If you are applying for this scholarship with less the 12 current units, you need to complete the work verification form (Page 6).
- Three Confidential Assessment Forms from **three** different people.
  - "One from a current or past supervisor. (Page 8)
  - "One from a current instructor in the CCC culinary arts program. (Page 9)
  - "One from a past and/or current instructor in the CCC culinary arts program (Page 10)

The person doing the assessment may mail each Confidential Assessment Form or the student can hand carry a sealed envelope with the signature of the person doing the assessment on the envelope seal. NOTE: It is the student's responsibility to ensure receipt of these letters.

- Points Log Form (Page 13)
- Copy of a valid passport with photo (example on page 14)
- Signed a consent form, medical release form and student agreement of conduct (Pages 15-17)
- Do not send any paperwork that has not been requested. Submit your completed application in an envelope at least 9" x 12" in the same order as the checklist

### How Scholarship Applications are Judged and Selected

A committee from the Contra Costa College Culinary Arts Advisory Board selects applicants who will be given oral interviews. Scholarships will be awarded on a competitive basis.

The committee members will score your application on the following criteria:

- Presentation of Essays (see essay rubric, page 7)
- Oral Interviews (Initial and Final)
- GPA
- Confidential Assessment Forms
- Food and Wine Points Log Form



## Contra Costa College Culinary Scholarship Program 2019

### Application

Student Name \_\_\_\_\_ Student ID \_\_\_\_\_

Street Address \_\_\_\_\_

City \_\_\_\_\_ State \_\_\_\_\_ Zip Code \_\_\_\_\_

Cumulative GPA \_\_\_\_\_ Number of completed units \_\_\_\_\_ Number of units in progress \_\_\_\_\_

What is your educational goal at Contra Costa College? (Check one)

- Earn a certificate of completion
- Graduate from C.C.C. with an associate degree and work immediately
- Graduate from C.C.C. with an associate degree and transfer to a four-year college

Student Signature \_\_\_\_\_ Date \_\_\_\_\_

### Application Checklist Packet

Complete all the items listed below and submit to the mailbox for SAB-138

- Completed Application
- Copy of Valid Passport with photo
- Typed Personal essay
- Email Essay to [heyyougreg@aol.com](mailto:heyyougreg@aol.com)
- Transcripts (Unofficial OK)
- Proof of application of a different scholarship that is meaningful to your educational goals
- Work Verification Form if needed
- Completed Points Log Form
- Three Confidential Assessment Forms from three different people
- Completed and signed the Consent and Release Form, the Medical Release Form and the Student Agreement of Conduct



### Contra Costa College Culinary Scholarship Program 2019

#### Work Verification Form

As part of the application process for the CCC Culinary Arts 2019 Study Abroad program I must provide verification that I work a minimum of 20 hours per week. I would appreciate it if you would write a brief statement and state how many hours per week I work. Thank you for your assistance.

Students Name \_\_\_\_\_

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\_\_\_\_\_  
\_\_\_\_\_

Students Supervisor Name \_\_\_\_\_ Phone Number \_\_\_\_\_

Signature \_\_\_\_\_ Date \_\_\_\_\_

Name of business \_\_\_\_\_  
Street Address \_\_\_\_\_  
City / State / Zip \_\_\_\_\_  
Phone Number \_\_\_\_\_



## Contra Costa College Culinary Scholarship Program 2019

### Essay Guide Lines

Attach your essay to your completed application packet and E-mail to [heyyougreg@aol.com](mailto:heyyougreg@aol.com) before **February 25, 2019** by 4 pm in the following format, yourname.pdf or yourname.doc  
 Example:greggoodman.doc or greggoodman.pdf.

Your thesis or question you are answering in your essay is **“What qualities, talents, and character strengths do you have that sets you apart from other qualified Study Abroad Scholarship applicants?”**

### How to write an essay

For help writing an essay see “How to Write a Hamburger Essay”  
<http://esl.about.com/od/writingadvanced/a/How-To-Write-A-Hamburger-Essay.htm>

### Essay Writing Rubric

Category	4 - Exceeds Expectations	3 - Meets Expectations	2 - Needs Improvement	1 - Inadequate	Score
<b>Hook / Introduction</b>	Introductory paragraph begins with a statement that both grabs the attention of the reader and is appropriate to the audience.	Introductory paragraph begins with a statement that attempts to grab the attention of the reader, but is incomplete in some sense, or may not be appropriate to the audience.	Introductory paragraph begins with a statement that might be construed as an attention getter, but is not clear.	Introductory paragraph does not contain a hook or attention grabber.	
<b>Theses / Main Idea Structuring</b>	Introductory paragraph contains a clear thesis of main idea with clear suggestions as to how the body of the essay will support this thesis.	Introductory paragraph contains a clear thesis. However, the following support sentences are not necessarily, or only vaguely connected to the body paragraphs.	Introductory paragraph contains a statement that may be construed as a thesis or main idea. However, there is little structural support in the following sentences.	Introductory paragraph contains no clear thesis statement or main idea.	
<b>Body / Evidence and Examples</b>	Body paragraphs provide clear evidence and ample examples supporting thesis statement.	Body paragraphs provide clear connections to thesis statement, but may be need more examples or concrete evidence.	Body paragraphs are vaguely on topic, but lack clear connections, evidence and examples of thesis or main idea.	Body paragraphs are unrelated, or marginally connected to essay topic. Examples and evidence is weak or nonexistent.	
<b>Closing Paragraph / Conclusion</b>	Closing paragraph provides a clear conclusion successfully stating the author's position, as well as containing an effective restatement of the main idea or thesis of the essay.	Closing paragraph concludes essay in satisfactory manner. However, author's position and / or an effective restatement of main idea or thesis may be lacking.	Conclusion is weak and at times confusing in terms of author's position with little reference to main idea or thesis.	Conclusion is nonexistent with little or no reference to proceeding paragraphs or author's position.	
<b>Grammar and Spelling</b>	Writing includes no or only very few minor errors in grammar, spelling.	Writing includes a relatively small number of errors in grammar, spelling and punctuation. However, reader's understanding is not impeded by these errors.	Writing includes a number of errors in grammar, spelling and punctuation, which, at times, hinders reader's understanding.	Writing includes numerous errors in grammar, spelling and punctuation, which make reader's understanding difficult.	



### Contra Costa College Culinary Scholarship Program 2019

#### Confidential Assessment Form for Current or Past Supervisor

Due: 2/25/2019

Student Name \_\_\_\_\_

Student ID \_\_\_\_\_

I am applying for a Contra Costa College Culinary Arts 2019 Study Abroad Scholarship program. I would appreciate it if you would complete this confidential form and return it to Contra Costa College, 2600 Mission Bell Drive, AA-234 San Pablo, CA 94806, attention Greg Goodman. An envelope has been provided for you to seal and return.

The following page contains a number of statements with which a candidate may be assessed. Please read each question and rate the applicant using the following scale:

**(1) Very Low, (2) Low, (3) Average, (4)High and (5) Very High**

Question	Rating
1) How would you rate the overall reliability/dependability of this applicant?	
2) How would you rate the overall attitude and professionalism of this applicant?	
3) What is the applicants' potential to present a good/positive image of Contra Costa College and the Culinary Arts program?	
4) What is your assessment of this applicant's future potential in the hospitality industry?	
5) What is your assessment of this applicant's personal standards and / or integrity?	

**Additional Comments:**

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Your Name \_\_\_\_\_

Signature \_\_\_\_\_ Date \_\_\_\_\_





## Contra Costa College Culinary Scholarship Program 2019

### Confidential Assessment Form for Current Chef Instructor

**Due: 2/25/2019**

Student Name \_\_\_\_\_ Student ID \_\_\_\_\_

I am applying for a Contra Costa College Culinary Arts 2019 Study Abroad Scholarship program. I would appreciate it if you would complete this confidential form and return it to Contra Costa College, 2600 Mission Bell Drive, AA-234 San Pablo, CA 94806, attention Greg Goodman in a sealed envelope.

- 1) Can you recall a time when this student was ever disciplined and/or removed from class for engaging in disruptive behavior? Yes \_\_\_\_\_ No \_\_\_\_\_**

The following page contains a number of statements with which a candidate may be assessed. Please read each questions and rate the applicant using the following scale:

**(1) Very Low, (2) Low, (3) Average, (4) High and (5) Very High**

Question	Rating
2) How would you rate the student in his/her ability to represent Contra Costa College's Culinary Arts Program in a positive and exemplary manner?	
3) How would you rate the student's past performance with punctuality, class attendance and lab participation?	
4) How would you rate the student's receptivity to learning and embracing a culture and language other than his/her own?	
5) How would you rate the student's ability to work cooperatively as a team member?	
6) How would you rate the student's ability to be a responsible decision maker and follow through with directions?	
7) How would you rate this student's ability to make decisions based on honesty and integrity?	
8) How would you rate this student in his/her ability to benefit from the valuable experiences of a study abroad trip?	
9) How would you rate the student's ability to live cooperatively and respectfully in shared space with two or three other students?	

10) Additional Comments

Your Name \_\_\_\_\_

Signature \_\_\_\_\_ Date \_\_\_\_\_



## Contra Costa College Culinary Scholarship Program 2019

### Confidential Assessment Form for Past Chef Instructor

**Due: 2/25/2019**

Student Name \_\_\_\_\_ Student ID \_\_\_\_\_

I am applying for a Contra Costa College Culinary Arts 2019 Study Abroad Scholarship program. I would appreciate it if you would complete this confidential form and return it to Contra Costa College, 2600 Mission Bell Drive, AA-234 San Pablo, CA 94806, attention Greg Goodman in a sealed envelope.

- 1) Can you recall a time when this student was ever disciplined and/or removed from class for engaging in disruptive behavior? Yes \_\_\_\_\_ No \_\_\_\_\_**

The following page contains a number of statements with which a candidate may be assessed. Please read each question and rate the applicant using the following scale:

**(1) Very Low, (2) Low, (3) Average, (4) High and (5) Very High**

Question	Rating
2) How would you rate the student in his/her ability to represent Contra Costa College's Culinary Arts Program in a positive and exemplary manner?	
3) How would you rate the student's past performance with punctuality, class attendance and lab participation?	
4) How would you rate the student's receptivity to learning and embracing a culture and language other than his/her own?	
5) How would you rate the student's ability to work cooperatively as a team member?	
6) How would you rate the student's ability to be a responsible decision maker and follow through with directions?	
7) How would you rate this student's ability to make decisions based on honesty and integrity?	
8) How would you rate this student in his/her ability to benefit from the valuable experiences of a study abroad trip?	
9) How would you rate the student's ability to live cooperatively and respectfully in shared space with two or three other students?	

Additional Comments \_\_\_\_\_

Your Name \_\_\_\_\_

Signature \_\_\_\_\_ Date \_\_\_\_\_



## Contra Costa College Culinary Scholarship Program 2019

### Food and Wine Points

Active participation in the 2019 Food and Wine event is required for being seriously considered as a scholarship applicant. A minimum of 10 points is required to be a qualifying applicant. **The catering points start at the beginning of the spring 2019 semester and you will receive two points per hour for catering hours above 75 hours.** You must keep track of your own points and have a Contra Costa College culinary staff person sign your log for each event listed on the log. Below are the point's categories for food and wine points.

- Recruiting and commitment of new restaurants/wineries.
  - You must list the restaurant(s) name (10 points)
- Commitment of returning restaurant/wineries.
  - List which restaurants/wineries. (5 points per restaurant/winery)
- Getting Donations.
  - List from whom the donations are from and what the donation was. (10 points per \$50.00 donation)
- Personal Donations.
  - What was the donation if the donation is gas please explain what the gas was used for (10 points per \$50.00 donation)
- Picking up food from restaurants
  - What restaurants, what food (2 points per restaurant)
- Selling advanced tickets (2 point per ticket)
- Committee Chairperson
  - List the name of the committee(s) (10 points)
- Member of Committee
  - List the name of the committee (2 points)
- Attend Meeting and Sign-in
  - List the name of the meeting. List what was the meeting for. (1 Point)
- Participate in a committee work party
  - List the reason for the work party (2 points per hour)
- Catering hours over 75 hours beginning in the spring 2019
  - List the event(s) name or reason for each occurrence (2 points per hour)
- Discretionary points awarded by the committee chairperson (1 to 5 Points) Note: Committee chairperson awards these points. Each chairperson has up to 5 points total to award to committee members that goes above and beyond
  - The chairperson must state why you deserved these points



**Contra Costa College Culinary Scholarship Program 2019**

**Personal Food and Wine Points Log (example)**

Student Name Fernand Point

<b>Points Category</b>	<b>Pts</b>	<b>Hrs.</b>	<b>Date</b>	<b>Staff Signature</b>
Recruiting and commitment of New Restaurants/ Wineries (10 Points each)				
Chez Panisse, Back Forty BBQ, Timberlake	30	0	2/4/2019	Julia Child
Personal Donations (10 points per \$50.00, includes gas)				
1 gift basket, \$50 dollars gas for team members at work party	10	\$50	2/19/2019	Gordon Ramsay
Committee Chairperson (10 points)				
Chaired the tickets sales committee.	10	0	2/1/2019	Eileen Dover
Member of Committee (2 points)				
Member of donations committee	2	0	2/1/2019	Ben Dover
Participate in a committee work party (2 points per hour)				
Work party, selling tickets in Hercules with other committee members	4	2 hr.	2/1/2019	I. B. Hungry
Catering hours over 75 hours (2 points per hour)				
Catering event for Boy Scouts	4	2 hr.	2/14/2019	Bobby Flay
<b>Total Points</b>	<b>60</b>		2/2/2019	



**Contra Costa College Culinary Scholarship Program 2019**

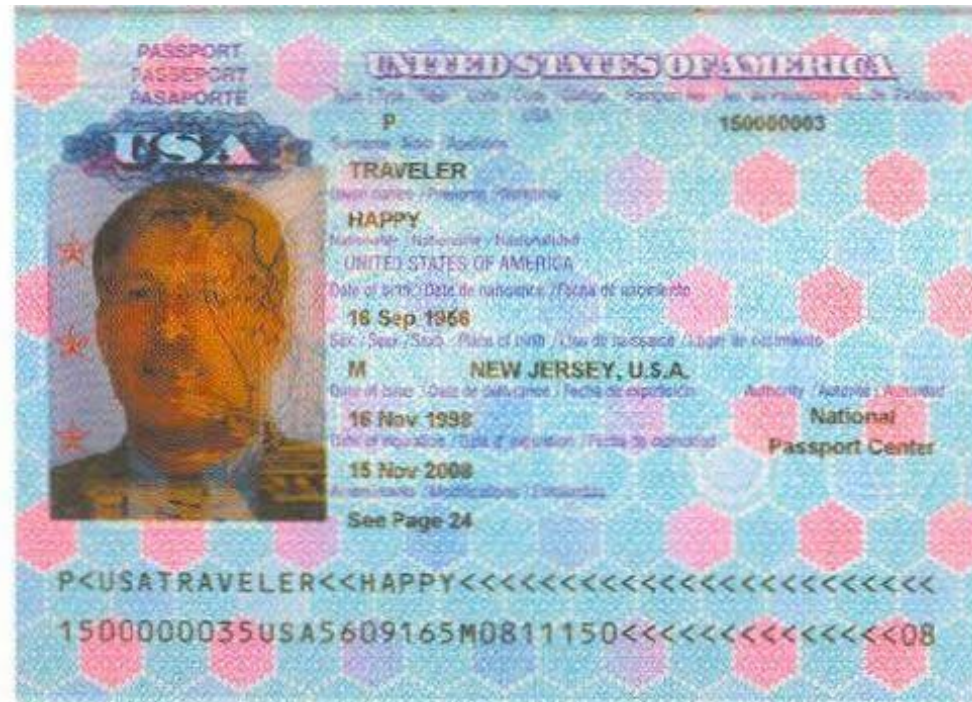
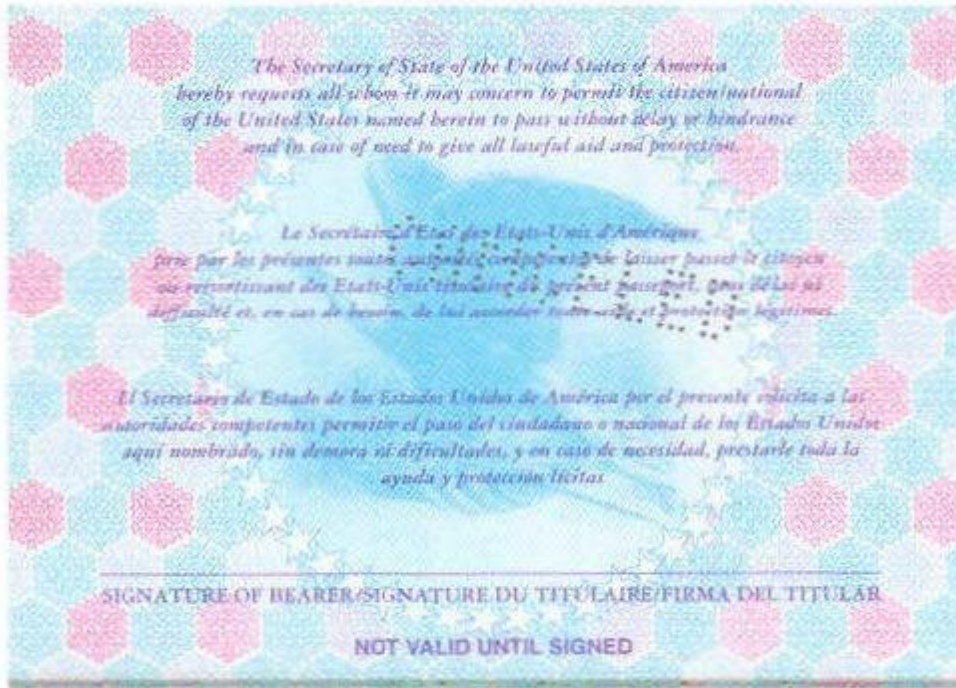
**Personal Food and Wine Points Log**

Student Name \_\_\_\_\_

<b>Points Category</b>	<b>Pts</b>	<b>Hrs.</b>	<b>Date</b>	<b>Staff Signature</b>



# Contra Costa College Culinary Scholarship Program 2019 Passport Example







## Contra Costa Community College District Contra Costa Community College

### Consent and Release

In consideration of being permitted to participate in \_\_\_\_\_  
(Describe program)

at \_\_\_\_\_ on \_\_\_\_\_  
(Location)  
(Date)

I hereby represent that I will obey and uphold all of the rules and requirements established by Contra Costa Community College and Contra Costa Community College District, observe all program schedules and follow all directives given to me by supervisory personnel in all matters pertaining to the event. I grant to Contra Costa Community College and Contra Costa Community College District the right to terminate my participation in the event if it is determined that my conduct is detrimental to or in conflict with the event or out of harmony with the best interests of the group as a whole, in which case I shall be sent home at my own expense.

I fully recognize and agree that Contra Costa Community College and Contra Costa Community College District cannot and will not be held responsible in any way for my safety, my needs or my well being during any period in which I am not directly participating in the event.

I hereby release and agree to indemnify the trustees of the Contra Costa Community College District and Contra Costa Community College and all of the agents, employees, officers and cooperating organizations of the District or College, either in their individual capacities or by reason of their relationship to the trustees or to the College, from all responsibility or liability or claims of any nature whatsoever for loss, damage or destruction of property, or injury or death to person, due to any cause whatsoever occurring during my participation in this event under the direction of Contra Costa Community College. In addition, I fully acknowledge that I am responsible for any injury, loss or damage to property, to myself and to others.

I grant to Contra Costa Community College, Contra Costa Community College District or any of its representatives full authority to take any action deemed necessary to protect my health and safety at my expense, to include but not limited to placing me under the care of a doctor or in a hospital at any place for medical examination and/or treatment or returning me at my expense if such return is deemed necessary after consultation with medical authorities.

I have read the foregoing Consent and Release and, understanding its terms, I freely agree to all of the provisions set forth therein.

---

**Name (Please print)** \_\_\_\_\_  
**Birthdate** \_\_\_\_\_

---

**Signature** \_\_\_\_\_  
**Date** \_\_\_\_\_

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**California Driver's License** \_\_\_\_\_  
**Phone** \_\_\_\_\_

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**Emergency Contact** \_\_\_\_\_ **relationship** \_\_\_\_\_  
**Phone** \_\_\_\_\_



## Contra Costa Community College District Contra Costa Community College

### Medical Consent

In the event of any medical emergency, I grant to Contra Costa Community College or any of its representatives on the trip the full authority to take any action deemed necessary to protect my health and safety at my expense, including but not limited to, placing the Participant under the care of a doctor or in a hospital at any place for medical examination and/or treatment, or returning the Participant to their home city at his or her own expense if such return is deemed necessary after consultation with medical authorities.

Name of Student \_\_\_\_\_ Birthdate \_\_\_\_\_

Student ID # \_\_\_\_\_

(Initial one of the following statements):

\_\_\_\_\_ I am 18 years of age or older and am the participant.

\_\_\_\_\_ I am the parent or legal guardian of participant who is under 18 years of age to whom the above statements apply and for whose benefit, I am executing this Agreement.

I have read the consent agreement and I understand its terms. I execute it voluntarily and with full knowledge of its significance.

\_\_\_\_\_  
Signature of Participant or Participant's Parent or Legal Guardian

\_\_\_\_\_  
Date

\_\_\_\_\_  
Print Name of Signatory

\_\_\_\_\_  
Phone number

\_\_\_\_\_  
Address

\_\_\_\_\_  
State/zip code

### Contra Costa Community College

In case of emergency, please contact: \_\_\_\_\_

Relationship: \_\_\_\_\_ Phone #: \_\_\_\_\_

Medical Insurance Carrier: \_\_\_\_\_ Policy #: \_\_\_\_\_

List medical conditions (i.e. diabetes, epilepsy) along with any prescription medications you are currently taking:

\_\_\_\_\_  
List all allergies (i.e. bee sting, food, medication and other): \_\_\_\_\_





**Contra Costa Community College District  
Contra Costa Community College**

**Student Agreement for 2019 Italy Trip**

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<b>Name (Please print)</b>	<b>Student ID #</b>
<b>Birthdate</b>	

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<b>Telephone</b>	<b>Email Address</b>
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<b>Street Address</b>	<b>City,</b>
<b>State,                      Zip</b>	

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<b>Date of trip</b>	<b>Location</b>
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I understand that I am attending this study abroad trip as a representative of Contra Costa College and that my expenses are paid in full by the Culinary Arts Department. I understand that I am expected to conduct myself in a responsible and professional manner and agree to the following:

- I am aware that the California State Education Code and the policies of the college District prohibit possession or use of alcoholic beverages during the college function, regardless of attendee's age. (Prescriptions should be registered when turning in your application, for your own protection). Exceptions to the use of alcoholic beverages may be made when connected to the culinary arts curriculum.
- I understand that no inappropriate behavior will be permitted, nor any behavior that would endanger the undersigned, or others. I also understand that I am responsible for any damages I cause to any facility while attending this trip.
- I agree I will not invite any outside visitors to participate in any study abroad activities without obtaining prior approval from the Department Chairperson attending the trip.
- I understand that this is an official college sponsored activity and that I am required to attend all group activities and class sessions.
- I understand that any infraction will result in immediate disciplinary action and possible dismissal from the trip and that I will be responsible for paying for my own expenses and arrangements for my return home.

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<b>Signature of Student Chairperson</b>	<b>Signature of Department</b>
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<b>Print Name of Student Department Chairperson</b>	<b>Print Name of</b>
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