



COMETS VOLLEYBALL

2016

2016 BAY VALLEY

CONFERENCE:

Alameda College
Contra Costa College
Laney College
Los Medanos College
College of Marin
Mendocino College
Napa Valley College
Solano Community College
Yuba College



CONTRA
COSTA
COLLEGE

Photo by Cody Caesares

Welcome to Contra Costa College Athletics



Contra Costa College Comet Fans,

I want to express my sincere thanks for your ongoing support of athletic teams at Contra Costa College. Contra Costa College has a wonderful tradition of ensuring that our goals for athletic and academic excellence are met. We have high hopes that the 2016-2017 athletic teams will be competitive and produce great scholar athletes who, with a great deal of pride, represent our college.

I ask that you join me in supporting our teams individually and collectively over the course of the 2016-2017 academic year. Your support of our athletic program means a great deal to our college community. Our student athletes work extremely hard both inside and outside of the classroom and for that they deserve our support. I encourage you to show up to as many events as you can to let them know that you are proud of them for continuing the proud tradition of Contra Costa College athletics.

GO COMETS !!!

All the best,

Mojdeh Medihzadeh
President



Dear Comet Players & Their Families,

Thank you for your support of the outstanding athletic programs here at Contra Costa College. Whether you are one of our students, a family member, or community supporter, you are a Comet and an important part of the Contra Costa College family.

Mia Hamm once said, "Good players create opportunities. The great players and the great people seize them." I believe this is true in competition and the classroom, and am proud to be a part of a college community with a long tradition of providing opportunities for student athletes to achieve both academic and athletic excellence.

I look forward to a wonderful year and celebrating all our students' amazing accomplishments with you.

GO COMETS !!!

Tammeil Gilkerson
*Vice President
of Academic & Student Affairs*



To the Community,

John H. Wade II has been the Sr. Academic Manager/Athletic Director at Contra Costa College since 2001 and he came to CCC from the University of San Francisco. John has extensive knowledge of intercollegiate athletics, having served for 17 years as a Coach at Eastern Washington University, The University of the Pacific, University of California Santa Barbara, and The University of San Francisco. He has seen the Comets win Championships in Women's Basketball, Men's Basketball, Men's Soccer and Football over his tenure. He has seen numerous student athletes reach their goals of College graduation, certificate completion and transfer while at CCC to institutions of higher learning such as UC Berkeley, UCLA, UC Davis, California State University, Easy Bay, University of Texas, University of Oregon, Arizona State University, Washington State University, University of Nevada, University of New Mexico, Utah State University, University of Maryland, Florida A&M, Jackson State University, Texas Southern University, Shaw University, Southern University, Kentucky State University, University of Maine, Kent to name a few. Contra Costa College provides all students a great opportunity, with an outstanding tradition in intercollegiate athletics. We want students/athletes to put CCC and the community first. Students, who appreciate the total college experience both academically and athletically discover that is what we offer at Contra Costa College.

GO COMETS !!!

John H. Wade II
Contra Costa College Athletic Director

CCC Coach, Assistant Coaches & Supporting Staff



Christy Tianero
Head Coach



Paula Sanchez
Associate Head Coach



Eric Sanchez
Assistant Head Coach



Joshleen Ayson



Justine Ayson



Deanna Craighead



Alejandra Galvez



Caroline Galvez



Angel Garcia



Sara Gutierrez



Yingying Liu



Victoria Marin



Mariah Marinho



Jacqueline Tianero

Contra Costa College Women's Volleyball Roster 2016

Number	PLAYER'S NAME	Height	High School	City
#2	Angel Garcia	5'2"	Hercules High School	Hercules, CA
#3	Justine Ayson	5'5"	Richmond High School	San Pablo, CA
#5	Joshleen Ayson	5'4"	Richmond High School	San Pablo, CA
#9	Caroline Galvez	5'3"	Pinole Valley High School	Rodeo, CA
#10	Mariah Marinho	5'7"	Burlingame High School	Richmond, CA
#14	Amy Palomares	5'0"	Richmond High School	Richmond, CA
#15	Deanna Craighead	5'9"	Pinole Valley High School	El Sobrante, CA
#16	Jacqueline Tianero	5'1"	De Anza High School	San Pablo, CA
#17	Alejandra Galvez	5'8"	John Swett High School	Rodeo, CA
#19	Yingying Liu	5'2"	HuaQiao Oversea Middle School	China
#21	Victoria Marin	5'5"	De Anza High School	Fremont, CA
#32	Sara Gutierrez	5'7"	De Anza High School	San Pablo, CA

Christy S. Tianero: Head Volleyball Coach

Assistant Head Coaches: Paula Sanchez, Eric Sanchez

Fall 2016 Schedule and Team Guide

COMETS WOMEN'S VOLLEYBALL



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ALAMEDA COLLEGE • CONTRA COSTA COLLEGE • LANEY COLLEGE
 LOS MEDANOS COLLEGE • COLLEGE OF MARIN • MENDOCINO COLLEGE
 NAPA VALLEY COLLEGE • SOLANO COMMUNITY COLLEGE • YUBA COLLEGE

DATE	DAY	OPPONENT	LOCATION	TIME
Sept.16	Friday	Mendocino	Away	6:00pm
Sept 21	Wednesday	Alameda	Away	6:00pm
Sept 23	Friday	BYE	Away	6:00pm
Sept 28	Wednesday	Alameda	Home	6:00pm
Sept 30	Friday	Napa	Home	6:00pm
Oct 5	Wednesday	LMC	Away	6:00pm
Oct 7	Friday	Marin	Away	6:00pm
Oct 12	Wednesday	Yuba	Away	6:00pm
Oct 14	Friday	Solano	Home	6:00pm
Oct 19	Wednesday	Mendocino	Home	6:00pm
Oct 21	Friday	Laney	Away	6:00pm
Oct 26	Wednesday	BYE		
Oct 28	Friday	Alameda	Home	6:00pm
Nov 2	Wednesday	Napa	Away	6:00pm
Nov 4	Friday	LMC	Home	6:00pm
Nov 7	Monday	Marin	Away	6:00pm
Nov 9	Wednesday	Yuba	Home	6:00pm
Nov 15	Tuesday	Solano	Away	6:00pm

College President	Mojdeh Medizadeh	(510) 215-3801
Athletic Director	John H. Wade, II	(510) 215-4804
Head Women's Volleyball Coach	Christy Tianero	(510) 235-4797
Assistant Head Coaches	Paula Sanchez, Eric Sanchez	
Administrative Secretary	Shawna Belfield	(510) 215-4801
Athletic Trainer	Mikel Jackson	(510) 215-4903
Men's Locker Room Attendant	Jerol Hodges	(510) 215-4902
Women's Locker Room Attendant	Atreese Watkins	(510) 215-4002
Athletic FAX		(510) 234-1575

Statement of Sportmanship:

The CCCAA promotes good sportsmanship by student-athletes, coaches and spectators. We request your cooperation by supporting the participants and officials in a positive manner. Profanity, racial or sexist comments, or other intimidating actions directed at officials, student-athletes, coaches or team representatives will not be tolerated and are grounds for removal from the site of competition.