

REGISTRATION INFORMATION

Please sign up in advance. There are a limited number of openings per half-hour class!

CONTINUING REGISTRATION: Registration forms are available in the pool office from 4:00p to 7:00pm Tuesday and Thursday starting March 28th and beginning June 12th during the day, from 10:00am to 1:45pm and 4:00p to 7:00pm Monday through Thursday. Participants must enroll by Wednesday 5:30pm before each session starts.

PAYMENT: Please pay by **MONEY ORDER, CHECK, OR EXACT CASH** in SSC Room-115, the Admission Office or Cashier's office from 8:00am-4:30pm Monday through Thursday. All fees must be paid one week in advance.

REFUND POLICY: Choose your class carefully, as there are no refunds unless CCC cancels the class. Refunds will be mailed from the college to the individual.

RETURNED CHECK POLICY: Fee for returned checks is \$15.00 per check.

NOTES: The Contra Costa Community College District does not carry insurance to cover the participants' liability in the Summer Swim Program. It is recommended that the parents or guardians sign a "Consent to Medical Treatment of Minor" should the parent or guardian be absent at the time of injury.

Please be on time for your swim classes. No make-ups for missed classes. No split session registration allowed. **Parking in school lots is by permit only;** \$3.00 daily ticket, purchase in yellow stands in Lot 6. \$25.00 for Summer Parking Pass.



**CONTRA
COSTA
COLLEGE**
2600 Mission Bell Drive
San Pablo, CA 94806



CONTRA COSTA COLLEGE **SUMMER 2017** **AQUATIC PROGRAM**

*"All good swimmers
have their beginnings..."*



It all starts here! **TUESDAY • APRIL 4, 2017**

- 50 Meter Olympic Size Pool
- Children's Instructional Pool
- Heated – 80° F
- Low Cost
- Wide Variety of Programs
- Recreational Swimming
- 46 Years of Quality Swim Instruction

Jim Ulversoy, Program Director
Contra Costa College
2600 Mission Bell Drive
San Pablo, CA 94806
www.contracosta.edu

*For Registration Information
Call 510-215-4904, 510-215-4801*

**2017
SUMMER
AQUATIC
PROGRAM**

Contra Costa College
is part of the Contra Costa
Community College District

BASIC SWIM INSTRUCTION

PLEASE NOTE THAT ALL SPECIALTY CLASSES NEED TO MEET MINIMUM ENROLLMENT TO BE OFFERED.

25-MINUTE SWIMMING LESSONS

WHO: Any person four years or older and at least 3-1/2 feet tall.

STUDENT/TEACHER RATIO: 6 to 1

SKILLS: All swim skills will be taught each half-hour. Beginners and advanced swimmers

AFTERNOON

& EVENING: Sessions 1, 2, 3, 4, 5, 6, 7, 8, 9, 10, 11, 12, 13, 14: 4:00, 4:30, 5, 5:30, 6, 6:30

DAYTIME: Sessions 6, 7, 8, 9

10:30, 11, 11:30 a.m, 12 & 12:30 p.m.

NOTE: Day Care and Children's Preschool groups: please sign up early!

PARENT-CHILD/TODDLER SWIM SESSIONS

WHO: Children from 6 months to 4 years. Both parent and child are required to be in the water together.

TIME: Sessions 4, 5, 6, 7, 8, 9 • 4:30, 5:30 & 6:30 p.m.

NOTE: Regular attendance is suggested for success at this age. We will take pre-registration interest list of students and offer class when we have a required minimum of 5 students

NOTE TO DAYCARE OPERATORS

CCC Aquatics welcomes day care groups. Please call 510-215-4904 for information and registration.

SPRINGBOARD DIVING

WHO: Beginners, intermediate and advanced levels (must pass basic swim test to enroll).
Boys & Girls, Ages 8-18

WHEN: Sessions 6, 7, 8, 9, 11 a.m. - 12 p.m. & 3:30 - 4:30 p.m.



WATER POLO

WHEN: Monday, Tuesday, Thursday

WHO: Boys & Girls 6-8, 8-13, 13-18

WHEN: Session 1: May 2 - June 8, Tu-Th, 5:30-6:30 p.m.

Session 2: June 12 - July 27, Tu-Th, 5:30-6:30 p.m.

Session 3: Aug. 15 - Oct. 19, Tu-Th, 6:00-7:00 p.m.

Session 4: Oct. 24 - Dec. 16, Tu-Th, 5:30-6:30 p.m.

We will take an interest list of students and offer classes when we have 6 or more students. Students will be notified when class dates are scheduled.

ADULT LAP SWIM

TIME: May 2 - June 8 4:00 - 7:00 p.m.,
Tuesday & Thursday

June 12 - July 27 10:00 a.m. - 1:00 p.m.

4:00 - 7:00 p.m.

Monday, Tuesday, Wednesday, Thursday

COST: \$2.00 each time; Lap Swim Card: \$20 for 10 swims
Water temperature averages 80° F. Lanes may have to be shared at any time. Slow, medium, and fast lanes are for people with different swimming speeds.

PUBLIC RECREATIONAL SWIMMING

Open for public recreational swimming

WHEN: June 12 - July 27

Monday - Thursday; 1:45-3:15 p.m.

COST: \$20 for 10 card punch or a day pass for \$2 per person.

NO cut-off pants or shirts are allowed in the water. Swim suits only.

Basic rules of water safety and behavior will be enforced during swimming period.

SUMMER AND FALL SWIM CAMP

Age Group Competitive

6 & under; 7-8; 9-10; 11-12; 13-14; 15-18

Please contact Program Director for more information on practice times & cost at 510-215-4904 or 510-215-4801.

SPORTS CAMP (Ages 8 thru 16)

10:00am - 3:30pm

Badminton, Baseball, Basketball, Football,

Soccer, Swimming and Tennis,

Session 1: June 19-22

Session 2: June 26-29

Session 3: July 10-13

Session 4: July 17-20

Call 510-215-4801 for more information.

• 2017 SUMMER SWIM PROGRAM SCHEDULE •

P.M. SPRING SWIM LESSONS

AM/PM SWIM LESSONS

PM FALL SWIM LESSONS

SESSIONS	WEEKS	MONTHS	DATES	COST	SESSIONS	WEEKS	MONTHS	DATES		COST	SESSIONS	WEEKS	MONTHS	DATES	COST
					6	2	JUNE	12-15, 19-22	MTWTH	\$42					
					7	2	JUNE-JULY	26-29, 5-6	MTWTH	\$33					
					8	2	JULY	11-13, 17-20	MTWTH	\$42					
PM SPRING SWIM LESSONS					9	2	JULY	24-27	MTWTH	\$22	PM SPRING SWIM LESSONS				
1	2	APRIL	4, 6, 11, 13	\$22							10	2	AUG.	15, 17, 22, 24	\$22
2	2	APRIL	18, 20, 25, 27	\$22							11	2	AUG. - SEPT.	29, 31, 5, 7	\$22
3	2	MAY	2, 4, 9, 11	\$22							12	2	SEPT.	12, 14, 19, 21	\$22
4	2	MAY	16, 18, 23, 25	\$22							13	2	SEPT. - OCT.	26, 28, 3, 5	\$22
5	2	MAY-JUNE	30, 1, 6, 8	\$22							14	2	OCT.	10, 12, 17, 19	\$22